

ADAMA DISCUSSES INNER EARTH LIFE
One hundred wisdoms that can change the world
Part Three

1. The souls who have been manipulated by dark forces will be cared for and honored and raised into the Light of their Ascension. This will be the last great play of the dark forces for soon their power will wane and they will crumble and fall like dust on the Earth.
2. We are Creation and yet we are the Creator all in one. It is the Creator within us that allows us to experience and evolve infinitely as we create.
3. To ever live immortally and to grow and expand in consciousness each step of the way; this is the glory of God and it is within us all.
4. Love flows to you whether you open your heart to it or not. It is ever present.
5. Love is the glue that will adhere our emotions and thoughts into one presence of love for self, each other and the planet.
6. When we speak of God, know that we refer to the Source of all Creation.
7. There is only one source of love and it is from the Divine Heart of God, which is in our heart. God's Divine Love dwells in our heart ready and waiting to be released and sent to all.
8. Your planet is now reaching the stage of adulthood where poverty, wars and greed are no longer acceptable. The mass consciousness is now calling for peace, abundance and well-being.
9. Having entered the Photon Belt the planet began its ascension December 2012.
10. Love all unconditionally and this Love will further hasten your reuniting with all who wait for you in the Higher Realms.
11. Know there is life on all the planets in your solar system. These are your brothers and sisters living in higher dimensions. Your electrons will soon pick up speed and be able to join them.
12. All celestial bodies are hollow with life within them. The Earth's interior is the mirror image of the surface.
13. You, on the surface are direct descendants of roving bands of ET's who created you to mine the Earth's resources. These Creator ET's don't reside on Earth at this time. You all have the same spiritual potential as Inner Earth Beings.
14. The history of all life everywhere resides in the Inner Earth Library of Porthologos. Here there are living records of life stored in crystal formatting. Concentrate on the crystal and the wisdom you wish you *will* experience.
15. Our goal is to create higher and higher states of consciousness until all of Earth explodes into her ascension Light and all are free of Earth's density forever.
16. All life forms on Earth are opting for their ascension. With love and peace, all life will be assured a rapid evolution to make up for the lost days of darkness.

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17. You are in the process of the merging of peoples, places and principles as all come together in One United Earth...no matter how things appear at present.
18. Heaven is not in another place; its location is right here on Earth. For heaven is just a frequency and you are now rising rapidly toward accessing that frequency.
19. In 5D reality everything is known and everything is Light and everything is One.
20. Humanity has its own distinct vibration that interfaces with the whole Earth's surface and culminates in what is called your 'mass consciousness' which registers your state of evolution and determines the rate in which you evolve.
21. Whatever you perceive, you receive. Your perception of yourself will reprogram your cells into your true Divine Blueprint of physical perfection; the perfection we live daily in Lemuria.
22. There are Earth Elementals reflecting back to you what you project out to them. The spirit of the hurricane is located in its eye and you can communicate with it and send love to diminish its intensity and change its direction.
23. All time is non-existent. It only exists in your 3D world so you can learn your lessons in progressive order. In higher realms, everything spins around in a circular fashion, occurring simultaneously.
24. At some point, you will be living in an uncountable time frame noted by cosmic events; this is how you stay immortal.
25. Put crystals in your over night water; it will charge your body with electrical currents and open up blocked meridians.
26. Once Oneness is acknowledged people will revere the Earth as sacred and the environmental destruction will end. Destroying Earth is the same as destroying yourself.
27. Ascended Beings know that all substance is made from Light that can create anything and everything at the flick of a thought.
28. Beings from all over the Universe came to Earth to experience physicality. Some were not of the Light and created chaos, clinging to greed and attempting to control Earth and enslave people. Some life forms evolved out of the substance of Earth and honored their Mother. Remember everything in the Universe is an experiment, including your body.
29. The Hollow Earth exists in the very center of the planet, which is hallow and starts 800 miles down. The diameter of open hollow space is 6,400 miles (the diameter of the entire Earth is 8,000 miles).
30. The 4D, astral, psychic dimension is being dismantled to accelerate ascension into 5D. The 4D has been used by departing souls who did not go directly to the Light but lingered for great lengths of time there.
31. Conscious is all there is. Every thought, feeling, action and words you use determine your level of consciousness.

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32. Take the time to invest now in mediating, by exploring and by loving yourself.
33. Raising your consciousness is where you want to be. It is an investment in the continuation of the world.

Excerpts from: ***COMING HOME TO LEMURIA: An Ascension Adventure Story*** by Phillip Elton Collins, Co-Founder, The Angel News Network
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