

ADAMA DISCUSSES INNER EARTH LIFE
One hundred wisdoms that can change the world

Part Two

1. Earth is one of the few planets that still is in the dust regarding access to past life experiences. Amino acid based computers allow learning from past lives, which is vital.
2. Our sunlight is a reflecting crystal brought from another planet, All Light is one, no matter how produced.
3. We have amino acid computers that link to the star systems that seeded Earth.
4. You on the surface are still eating dead foods; foods that no longer carry the Life Force of raw foods.
5. Nature left alone produces abundance, which will raise vibratory rates.
6. Know that you are composed of many layers of Light, the densest of which is the physical body.
7. You vibrate according to the Light Quotient contained in what your body assimilates. You control your electron spin by what you eat.
8. It is always “now” here in Lemuria because we learned the Universal Law of being and doing in the moment.
9. No matter what happens around you, know that you are safe in God’s Arms.
10. There is a correlation between the lack of stability in your lives and the weather patterns.
11. The Earth is a great reflector and she reflects the feelings and thoughts of all life on and in her body.
12. You are here to maintain balance and regain Earth’s composure as a Great Being of Light.
13. You determine all conditions surrounding you, as you set up the parameters for all things to interact.
14. You, too, are leaning to detach yourself from the past and future and float in the “now.”
15. We use electromagnetic energy and crystal energy to navigate around the inside of our globe. Our energy is all free and clean.
16. With freedom comes true joy of living. Without freedom there can be no evolution, without evolution there can be no continuation of life. A species either evolves or dissolves.
17. The merger of our two great civilizations is necessary for the ascension of the whole planet.
18. Mother Earth has sacrificed her precious body to be a host to life. She has sacrificed her well-being so her children could learn their ascension lessons of love and abundance. Her time of sacrifice is over. It is time to transition into Light.
19. Once you reach a certain vibratory frequency your body will not be affected by the 3D dense plagues and diseases.

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20. When humanity evolves in consciousness to the state where they will accept us, we shall surface.
21. You on the surface are kept in the dark, by your governments, about us in the Inner earth.
22. We have learned war is futile and aging and death is totally unnecessary to God's Divine Plan.
23. All humanity has suffered greatly from its limited vision of Universal Laws.
24. You are the Second Coming of the Christ. You are the Christ and you have come again in this incarnation to bring the Christ energies to Earth where they can permeate all life forms.
25. All things are of God. Knowing this can change your life.
26. Knowledge of your Divinity is the best guide of your Soul's Path. Travel on the Divine Path to God, knowing your divinity every step; one step from Below, one step from Above in the Divine walk through life...meeting as one in the stars.
27. All souls whoever incarnated on Earth have now returned to experience the ascension of humanity.
28. The reflection of Cosmic Consciousness is infectious and spreads like wild fire throughout humanity.
29. The Light is now blazing brightly, as Lightworkers and Wayshowers are waking up in unprecedented numbers across the globe.
30. Join us brothers and sisters of Light as we all travel higher and higher in consciousness until we meet on the planes of reality where all glistens with the golden sheen of God's Light.
31. A Spiritual Warrior is one who acknowledges the Light within and knows that they are here for the purpose to bring more Light into the Earth.
32. Your soul and spirit are all Light and when you merge with your I AM Presence you bring the Light into your core knowing you are One with All.
33. The Light never fails and all those who are responsible for destructive actions will be dealt with by the Spiritual Hierarchy and not allowed to return to Earth.
34. Know that the Light will overwhelm all life on Earth and those who cannot hold the Light will leave en masse.

Excerpts from: ***COMING HOME TO LEMURIA: An Ascension Adventure Story*** by Phillip Elton Collins, Co-Founder, The Angel News Network
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